## Research Paper

# Interaction of Omeprazole with a Methylated Derivative of β-Cyclodextrin: Phase Solubility, NMR Spectroscopy and Molecular Simulation

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**Purpose.** Cyclodextrins are known to be good solubility enhancers for several drugs, improving bioavailability when incorporated in pharmaceutical formulations. In this work we intend to assess and characterize the formation of inclusion complexes between omeprazole (OME) and a methylated derivative of  $\beta$ -cyclodextrin, methyl- $\beta$ -cyclodextrin (M $\beta$ CD). A comparison with results obtained from the most commonly used natural cyclodextrin,  $\beta$ -cyclodextrin ( $\beta$ CD) is also presented in most cases. **Materials and Methods.** The interaction of OME with the mentioned cyclodextrins in aqueous solutions was studied by phase solubility studies, 1D <sup>1</sup>H and 2D rotating frame nuclear overhauser effect NMR

spectroscopy (ROESY) and Molecular Dynamics.

**Results.** The solubility of OME was significantly increased by formation of inclusion complexes with each cyclodextrin. Phase solubility studies and continuous variation plots revealed that OME forms an inclusion complex in a stoichiometry of 1:1 with both cyclodextrins. <sup>1</sup>H NMR and ROESY spectra of the inclusion complexes indicated that the benzimidazole moiety is included within the cyclodextrins cavities. Molecular dynamics showed that OME is more deeply included in the M $\beta$ CD than in  $\beta$ CD cavity, in agreement with a larger apparent stability constant ( $K_s$ ) obtained for the inclusion complex with M $\beta$ CD.

**Conclusions.** M $\beta$ CD proved to be an efficient enhancer of OME solubility, thus possessing characteristics for being an useful excipient in pharmaceutical formulations of this drug.

**KEY WORDS:** cyclodextrin; inclusion complex; molecular dynamics; NMR spectroscopy; omeprazole; phase solubility studies.

## INTRODUCTION

Omeprazole is a potent reversible inhibitor of the gastric proton pump  $H^+/K^+$ -ATPase. The molecular structure of OME, illustrated in Fig. 1a, is composed of a substituted pyridine ring linked to a benzimidazole by a sulfoxide chain (1). Omeprazole is only slightly soluble in water, but is highly soluble in alkaline solutions as the negatively charged ion. It is an ampholyte with pKa=4 (pirydinium ion) and 8.8 (benzimidazole). In solution OME degrades rapidly at low pH values (2) and it is photo and heat sensitive (3).

Drug solubility and stability are two very important factors with respect to drug administration and drug delivery. The potential use of natural cyclodextrins and their synthetic derivatives for improvement of the solubility, stability and/or bioavailability by formation of inclusion complexes with drugs has been extensively studied (4,5).

Cyclodextrins are cyclic organic compounds obtained by enzymatic transformation of starch. Among this class of "host" molecules, the  $\beta$ -cyclodextrin is one of the most abundant natural oligomers and corresponds to the association of seven glucose units exhibiting a cavity with a hydrophobic character whereas the exterior is strongly hydrophilic. This peculiar structure allows guest molecules to be included into the cavity via non-covalent bonds to form inclusion complexes (6).

Natural cyclodextrins have limited water solubility. However, a significant increase in water solubility has been obtained by alkylation of the free hydroxyl groups of the cyclodextrins resulting in hydroxyalkyl, methyl, and sulfobutyl derivatives. The ability of cyclodextrins to form inclusion complexes may also be enhanced by substitution on the hydroxyl groups (see, for example, (7)). For several years, modified cyclodextrins have been used as solubilizing agents being the most important among the industrially produced  $\beta$ CD derivatives, the highly water-soluble methylated and hydroxypropylated  $\beta$ CDs.

The most widely used approach to study inclusion complexation is the phase solubility method described by Higuchi and Connors (8) which examines the effect of a solubilizer or ligand (cyclodextrin) on the drug being

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solubilized (the substrate). Phase solubility diagrams are categorized into A and B types; A type curves indicate the formation of soluble inclusion complexes while B type suggest the formation of inclusion complexes with poor solubility (9).

<sup>1</sup>H NMR spectroscopy represents one of the most powerful tools for describing supramolecular assemblies in the liquid state. Chemical shift variations ( $\Delta\delta$ ) of specific host or guest nucleus can provide evidence for the formation of inclusion complexes in solution, since significant changes in microenvironment are known to occur between the free and bound states. A detailed picture of the geometry of the host-guest complex in solution can be obtained by the application of NMR advanced techniques such as ROESY experiments (6,10). The information obtained allows the calculation of the stoichiometry and stability constant of the complex as well as the confirmation of complex formation and specially the orientation of the guest molecule in the cyclodextrin cavity (11). Due to this uniqueness of the NMR data, it has been adopted as a routine tool for the study of host-guest supramolecular chemistry and there are now hundreds of reports where NMR titration was used to measure intermolecular association (12-14).

A large variety of computer simulation techniques have been used in the last years to study structural and energetic properties of cyclodextrins (15–17) and cyclodextrin inclusion complexes (18–21) in aqueous solutions, giving a general insight over a number of aspects of such systems. In this study, Molecular Dynamics simulations were carried out to clarify and characterize different aspects of the dynamics of complex formation as well as structural aspects of the complexes formed with OME.

The purpose of this study is to assess and characterize the formation of an inclusion complex between OME and M $\beta$ CD (Fig. 1b). In addition,  $\beta$ CD, the natural cyclodextrin, was included in the study in order to analyze the influence of the hydrophobic character in the inclusion of guest molecules in the CD cavity. The study presented here is composed by phase solubility studies, <sup>1</sup>H NMR spectroscopy and molecular simulation.

## **MATERIALS AND METHODS**

#### Materials

β-cyclodextrin (βCD, MW=1135) and methyl-β-cyclodextrin (MβCD, MW=1190 and an average degree of substitution, DS=0.5) were kindly donated by Roquette (Lestrem, France) and OME was kindly donated by Belmac Laboratory, S.A. (Barcelona, Spain). Deuterium oxide (D<sub>2</sub>O; 99.97%) and NaOD were purchased from Euriso-top (Peypin, France) and Sigma Aldrich (Madrid, Spain), respectively. All other reagents were of the highest purity available from commercial sources.

## **Phase Solubility Studies**

Phase solubility studies were carried out at room temperature  $(21 \pm 1^{\circ}C)$  following the method of Higuchi and Connors (8). Excess amounts of OME were weighed in glass flasks to which 10 ml of boric/borate buffer pH=10 (22) were

added. These flasks contained increasing amounts of  $\beta$ CD (0–1.5%, w/v) or M $\beta$ CD (0–5%, w/v). Glass containers were sealed and mechanically stirred, protected from light until reaching the equilibrium (about 96 h). All suspensions were filtered through a 0.45  $\mu$ m membrane filter (Millipore) and analyzed spectrophotometrically (UV-1603, Shimadzu, Japan) at 305.5 nm.

The apparatus was calibrated with the corresponding blank for each assay and three replicates were made. The presence of cyclodextrin did not interfere with the spectrophotometric assay of OME.

Stability constants  $(K_S)$  were calculated from the phase solubility diagrams using the equation:

$$K_s = \text{slope} / S_0 \left( 1 - \text{slope} \right) \tag{1}$$

where  $S_0$  is OME solubility in the absence of  $\beta$ CD or M $\beta$ CD (intercept).

## <sup>1</sup>H NMR Studies

<sup>1</sup>H NMR spectra were recorded at 25°C on a Varian 500 MHz spectrometer using a 5 mm NMR probe. The NMR spectra were acquired with solvent presaturation. Acquisition parameters consisted of 24k points covering a sweep width of 8 kHz, a pulse width of 18 µs and a total repetition time of 15 s. Digital zero filling to 64k and a 0.5 Hz exponential were applied before Fourier Transformation. The resonance at 4.681 ppm due to residual solvent (HOD) was used as the internal reference. Samples were prepared by dissolving an amount of the solid complex, previously prepared by the lyophilized method (23), in  $D_2O$  to achieve an OME concentration of 6 mM in the case of  $\beta$ CD and 15 mM in the complex formed with MBCD. Reference samples containing pure OME (6 and 15 mM),  $\beta$ CD (6 mM) and MBCD (15 mM) were also prepared. The final pH was adjusted to  $10.0\pm0.1$ , in all samples, in order to minimize the degradation and increase the solubility of OME. <sup>1</sup>H NMR chemical shifts variations ( $\Delta\delta$ ) were calculated according to the formula:

$$\Delta \delta = \delta(\text{complex}) - \delta(\text{free}). \tag{2}$$

The continuous variation method (Job plot) was adopted to determine the stoichiometry of the complexes formed. A series of mixtures of OME with each cyclodextrin were made. In each of these the sum of the concentrations of the two species was kept constant at 6 mM but the mol fraction of each component, *m* and *n* for OME and cyclodextrin respectively, were varied (19) according to r = n/(m + n).

#### **ROESY Experiments**

ROESY spectra were acquired in the phase sensitive mode with solvent presaturation using the same spectrometer. Each spectrum consisted of a matrix of 2048 (F2) by 1024 (F1) covering a sweep width of 4000 Hz. Spectra were obtained on the lyophilized samples having a 1:1 OME/ cyclodextrin ratio, using spin-lock mixing periods of 300 ms. A 300 ms mixing time was chosen after careful calibration for each of the supramolecular complexes under consideration. Other mixing periods (e.g., 150, 500 and 750 ms) were used but the 300 ms period was the one that simultaneously provided the best intra- and intermolecular NOE correlations. Before Fourier transformation, the matrix was zero filled to 4096 (F2) by 2048 (F1) and Gaussian apodization functions were applied in both dimensions.

The extent and the direction of the inclusion in the cyclodextrin cavity were observed by the detection of intermolecular nuclear Overhauser effects (NOEs) between OME and cyclodextrins.

#### **Molecular Simulation**

Molecular Dynamics studies were performed using the GROMACS package and employing the GROMACS ffgmx force field (24,25).

An initial guess for the OME molecule was produced, while the  $\beta$ CD structure was originally obtained from the HIC-Up on-line database (26). The M $\beta$ CD was obtained by editing the original  $\beta$ CD structure and adding the desired substitution groups. Considering the degree of substitution of the M $\beta$ CD used experimentally and the larger reactivity of the oxygens in position 6 in respect to oxygens in position 2 and 3 of  $\beta$ CD (27), three methyl groups were added to oxygens on position 6 of  $\beta$ CD (Fig. 1b). The structures were converted to GROMACS input files (conformation and topology) using PRODRG (28).



R=H or CH<sub>3</sub>

Fig. 1. Chemical structure of omeprazole (a) and  $\beta$ -cyclodextrin (R=H)/methyl- $\beta$ -cyclodextrin (R=CH<sub>3</sub>) (b).

The model system aims to reproduce the conditions used in the experimental section. The OME molecule at pH=10 is in the benzimidazole deprotonated form (29,30). The deprotonated form of OME was obtained by extracting the benzimidazole proton when running PRODRG and setting the partial charges on the molecule according to the charge distributions obtained from GAMESS (31) at the pm3 level, for the protonated and deprotonated forms. The minimized energy structures obtained from GAMESS and GROMACS in the gas phase for the protonated forms presented differences in bond length smaller than 0.05 Å.

The electroneutrality of the systems containing OME is maintained by the introduction of one sodium ion. The long range electrostatic interactions are handled by particle-mesh Ewald method (32). The solvent is considered explicitly using the SPC water model and an algorithm for rigid water molecules (33). The system is enclosed in a cell with periodic boundary conditions. For the systems where OME and each cyclodextrin are present, a box with an approximate volume of  $39 \times 37 \times 33$  Å<sup>3</sup> is used containing approximately 1,565 water molecules. In the remaining systems, the box volume is of approximately  $35 \times 32 \times 28$  Å<sup>3</sup>, with more than 980 water molecules. The simulation is conducted in the NPT ensemble at constant temperature, T=300 K, and pressure, P=1 atm, with coupling to an external bath (34).

An equilibration run of at least 2 ns was done previous to the production trajectory runs, using a timestep of 2 fs, with constraints in all bonds (35). The formation of the inclusion complex is a result of the equilibration process and equilibration was only considered to be completed once inclusion is observed. The production runs were carried out for at least 7.5 ns with a timestep not exceeding 2.0 ps. A second production run of the same dimension of the first one was done on the systems where only cyclodextrins are present in solution starting from the last conformation of the first production run to evaluate the possibility of other conformations to occur.

GAMESS was also used in order to assess the conformational stability of different conformation types attained by  $\beta$ CD and M $\beta$ CD when alone in water. The first and last conformations of the trajectory of the production runs were used to calculate, at the pm3 level, the corresponding gas phase optimized structures.

## **RESULTS AND DISCUSSION**

#### **Phase Solubility Studies**

The phase solubility study of OME with M $\beta$ CD is shown in Fig. 2. OME solubility increases linearly with cyclodextrin concentration and the slope is smaller than unity, over the entire concentration range studied, indicating an  $A_L$  type diagram with the formation of a complex with 1:1 stoichiometry.

The estimated  $K_S$  of the inclusion complexes, the OME solubility in borate buffer ( $S_0$ ), the OME solubility in cyclodextrin solutions ( $S_2$ ) and the corresponding slopes are presented in Table I. The OME solubility presents, approximately, a 1.7 and 3.4 fold increase in the presence of  $\beta$ CD and M $\beta$ CD, respectively, in comparison with  $S_0$ . This corresponds to a 1.9 fold increase in solubility of OME in



**Fig. 2.** Phase solubility studies of OME as a function of M $\beta$ CD concentrations. Each *point* represents the mean of three determinations. Error bars are smaller than symbols.

the presence of M $\beta$ CD when comparing to the solubility in the presence of  $\beta$ CD.

The  $K_{\rm S}$  of the inclusion complexes determined in this work are 57 and 77 M<sup>-1</sup> for  $\beta$ CD and M $\beta$ CD, respectively, suggesting that M $\beta$ CD forms a more stable inclusion complex with OME than  $\beta$ CD. The  $K_{\rm S}$  of the inclusion complex OME with other modified  $\beta$ CD (2-hydroxypropyl- $\beta$ -cyclodextrin) has been determined by other authors (36). The value obtained is of the same magnitude,  $K_{\rm S} = 69$  M<sup>-1</sup>, but smaller than the one found for the OME:M $\beta$ CD inclusion complex.

The low magnitude of the constants obtained indicates a weak interaction between the drug and the cyclodextrins used in this study. In fact at pH=10, in order to stabilize the OME, the drug is in the ionized form but ionization of the drug molecules greatly reduces the complexation or magnitude of the  $K_{\rm S}$  for the complexes formed. Ionized forms of drug molecules are more hydrophilic, thus having less propensity to form an inclusion complex by displacing water molecules from the cyclodextrin cavity (37,38). However, ionization is a common method for increasing the aqueous solubility of ionizable drugs and, in aqueous solutions, cyclodextrin complexation of ionized drug molecules can result in larger total drug solubilization, i.e., the solubilization of a drug both due to ionization and inclusion in the cavity (39).

## <sup>1</sup>H NMR Spectroscopy

In the present work, <sup>1</sup>H NMR spectroscopy measurements were performed to elucidate the structure of OME:M $\beta$ CD inclusion complex. In the presence of the drug, an appreciably upfield shift for H-3 and H-5 was observed (see Table II) in the MBCD spectra, which demonstrated a clear involvement of these protons in host-guest interactions. The order of the upfield shifts was found to be H<sub>5</sub>( $\Delta\delta$ /ppm=-0.086)>H<sub>3</sub>( $\Delta\delta$ / ppm=-0.054). Since both H-3 and H-5 protons are located in the interior of the MβCD cavity, and H-3 protons are near the wide side while H-5 protons are near the narrow side, such order of upfield shifts suggests that either the entrance of the drug is made by the narrow side of the cavity or that there is a very deep penetration of the drug into the CD cavity but with an entrance by the wide side. Such interaction is also suggested by the observed upfield shifts for H-6 protons. All the exterior protons of MBCD were influenced and we cannot exclude the existence of interactions with the external surface of the cavity, that could be ascribed to hydrophobic interactions with methyl groups at the edge of the M $\beta$ CD cavity and the guest molecule (23).

The  $\delta$  and corresponding  $\Delta \delta$  values for OME protons in the native and complexed states are reported in Table III. In the benzimidazole moiety, we observe upfield shifts in the Ha, Hb, Hc protons and methoxy 2 group with similar magnitude ( $\Delta \delta = -0.025$ , -0.036, -0.024 and -0.026), suggesting a total inclusion of this moiety in the M<sub>β</sub>CD cavity. We have observed similar but smaller upfield shifts when OME is complexed with  $\beta$ CD (data not shown). These upfield shifts are generally attributed to a shielding effect induced by the nuclei on the inner surface of  $\beta$ CD complexes (40) and indicate that these protons are close to a host atom which is rich in  $\pi$ -electrons. In this case such effects are associated with oxygen atoms, and also reflect conformational changes produced by the inclusion phenomenon (23). Similarly to  $\beta$ CD, in the pyridinic moiety the pronounced upfield shift experienced only by the methoxy 1 group suggests a partial inclusion or an interaction of this ring with the M $\beta$ CD cavity. However, in the methyl 1 group we observed that  $\Delta \delta = -0.001$ , which may be explained by the balance of opposing effects, one due to protection by the cavity and at the same time being more unprotected by the close proximity to oxygen atoms at the entrance.

The inclusion of the benzimidazole moiety was expected instead of the pyridinic moiety due to steric hindrance of methyl and methoxy pyridinic substituents. The interaction with the pyridinic fragment was found to be repulsive, as expected from the size of the fragment. On the other hand, the inclusion of the benzimidazole fragment has been demonstrated to be energetically favoured, but highly dependent on the orientation of the substituent methoxy group (41). The proposed structures for the inclusion complex formed between OME and each cyclodextrin are illustrated in Fig. 3.

Table I. Values of Apparent Stability Constant (K<sub>S</sub>±Standard Deviation) and OME Solubility with or without Inclusion Complex Formation

Inclusion complex	$S_0^{a/}(10^{-3} \text{ M})$	$S_2^{b/(10^{-3} \text{ M})}$	$D_2/(10^{-2})^c$	$K_{\rm S}/({ m M}^{-1})$
OME-βCD	3 366 ± 0 250	$5.751\pm0.093$	16.889	56.931± 2.335
OME–MβCD	5.500 ± 0.250	$11.336 \pm 0.118$	19.350	$77.397 \pm 1.388$

<sup>a</sup> OME solubility in borate buffer pH=10.

<sup>b</sup> OME solubility in CD solutions  $(13.2 \times 10^{-3} \text{ M} \beta \text{CD} \text{ and } 42 \times 10^{-3} \text{ M} \text{ M}\beta \text{CD})$ .

<sup>c</sup> Slopes of the phase solubility diagrams achieved in inclusion complexes.

 
 Table II.
 <sup>1</sup>H Chemical Shifts Corresponding to MβCD in Free and Complexed State

Assignments	M $\beta$ CD $\delta$ /(ppm)	OME:M $\beta$ CD $\delta$ /(ppm)	$\Delta\delta/(\text{ppm})$
H1	5.177	5.128	-0.049
H2	4.991	4.947	-0.044
H3	3.892	3.838	-0.054
H4	3.483	3.463	-0.020
H5	3.789	3.703	-0.086
H6	3.577	3.54	-0.037
Methyl-6'	3.307	3.252	-0.055

Figure 4 reports expansions of the <sup>1</sup>H NMR spectra of the OME aromatic region and methoxy groups in the absence of cyclodextrin (a) and presence of  $\beta$ CD (b) and M $\beta$ CD (c). Complexation with cyclodextrins is frequently a dynamic process with the guest being in fast exchange between the free and bound states characterized by the absence of new peaks when the complex is formed. However, it was possible to observe the presence of new peaks in the <sup>1</sup>H NMR spectra of complexed OME relatively to the spectra of OME alone. This fact can be assigned to the presence of a sulphoxide group in the OME chemical structure acting as a chiral center. Normally, this drug is a racemate composed of the two isomers, S and R, in proportion 1:1 (42). Cyclodextrins, and its derivatives, have proved to be of great utility in analytical chemistry, especially in providing separations of positional and optical isomers (43). These spectra suggest that probably  $\beta$ CD and M $\beta$ CD act as chiral selectors, promoting the separation of the two OME isomers. As we can appreciate (Fig. 4) in the absence of cyclodextrins it is impossible to distinguish the isomers by <sup>1</sup>H NMR experiments. The second source of diversity is that these compounds (S and R isomers) present tautomerism, illustrated by the modification of the methoxy group in the benzimidazole ring between two adjacent positions (5 and 6). This is the normal behaviour of all 5(6)-substituted benzimidazoles (44). In the <sup>1</sup>H NMR spectra it is suggested that the most abundant tautomer is the one with the methoxy group in position 6 of the benzimidazole ring but it is difficult to be totally confidant about this attribution since the  $\delta$  for both tautomers are very similar.

Determination of the stoichiometry of the OME:cyclodextrin complexes was based on continuous variation method. Job plots  $\Delta\delta \times$ [OME] and  $\Delta\delta \times$ [CD] are presented in Figs. 5 and 6, respectively. For the sake of concision, only some protons, the most markedly affected, have been selected in

Table III.  $^1H$  Chemical Shifts Corresponding to OME in Absence and in the Presence of  $M\beta CD$ 

Assignments	OME $\delta/(ppm)$	OME:MβCD δ/(ppm)	$\Delta\delta/(\text{ppm})$
На	7.100	7.075	-0.025
Hb	6.785	6.749	-0.036
Hc	7.448	7.424	-0.024
Hd	8.067	8.077	0.010
Methoxy 1	3.444	3.419	-0.025
Methoxy 2	3.781	3.755	-0.026
Methyl 1	2.106	2.105	-0.001
Methyl 2	1.815	1.875	0.060



**Fig. 3.** Snapshots of the proposed inclusion complexes OME: $\beta$ CD (a) and OME:M $\beta$ CD (b). Omeprazole and cyclodextrin represented in *dark* and *light grey*, respectively.

the host and guest molecules. Such analysis reported the existence of a complex with a 1:1 stoichiometry, since the maximum was observed at r=0.5, within the range of the investigated concentrations. These results are in agreement with the phase solubility studies previously referred.

## **ROESY Spectroscopy**

Expansions of the ROESY spectrum of the OME: BCD and OME:MBCD complexes are reported in Fig. 7a and b. This bidimensional experiments show intermolecular crosspeaks between H-3 and H-5 protons of BCD/MBCD and aromatics protons of OME, namely, Ha, Hb and Hc. These observations are consistent with the occurrence of an inclusion of the OME benzimidazole fragment into the hydrophobic CDs cavities. The ROESY spectrum of the OME:MBCD complex, illustrated in Fig. 7b, shows the existence of more intense NOEs relatively to OME:BCD complex, in agreement with an higher K<sub>S</sub> for the OME:MβCD complex (see Table I). The expansion of this ROESY shows more intense correlations between H-3 and Ha than with Hb/Hc suggesting that this proton must be close to the primary ring of the cyclodextrin cavity. On the other hand, correlations were intense between H-5 and the three aromatic protons (Ha, Hb and Hc), demonstrating a deeper inclusion of the benzimidazole moiety within the MBCD cavity through the wider end. In the case of  $\beta$ CD, correla-



Fig. 4. Expansion of the <sup>1</sup>H NMR spectra of OME in the free state (a) and in the complexed formed with  $\beta$ CD (b) and with M $\beta$ CD (c).





**Fig. 5.** Continuous variation plots for OME protons in  $\beta$ CD (a) and in M $\beta$ CD (b) inclusion complex [protons of OME: (**■**) Hb, (**●**) Hd, (**•**) methyl 1 and (**▲**) methyl 2].

**Fig. 6.** Continuous variation plots for  $\beta$ CD (a) and in M $\beta$ CD (b) in the inclusion complex with OME. [protons of  $\beta$ CD: (\*) H1, (**△**) H3, (**■**) H4 and (•) H6; protons of M $\beta$ CD: (**△**) H3, (**■**) H5 and (•) H6].



Fig. 7. ROESY expansions in the aromatic region of the drug for OME:βCD (a) and OME:MβCD (b) inclusion complexes.

tions were more intense between H-3 and Ha/Hc than with Hb and between H-5 and Ha/Hb than Hc.

The absence of NOE's between the protons of the cyclodextrins and protons of the OME pyridinic moiety, namely OME methoxy 1, suggests once more that for these groups the interaction is not very extensive. These results are in agreement with  $\Delta\delta$  values from the <sup>1</sup>H NMR experiments.

## **Molecular Dynamics Simulation**

#### Cyclodextrins in Solution

 $\beta$ CD molecules in gas phase have been observed by several authors to have a symmetrical conformation, similar to the one observed in the crystal. This is consistent with results of our calculations in gas phase, presented later. However, solvent interactions were observed, in this work, to be of great importance to the conformational behaviour of  $\beta$ CD and its methylated derivative.

Both  $\beta$ CD and M $\beta$ CD were observed to have, when free in water, considerable conformational freedom. Figure 8 shows a rotation of the primary hydroxyl groups to the interior of the cavity. Both maxima corresponding to the O6 of the  $\beta$ CD and the non-substituted O6 of M $\beta$ CD are shifted to small, similar distances. The substitution of the hydrogen by a methyl group in some of the O6 of M $\beta$ CD apparently removes the possibility of these rings to rotate to the interior. This may be due to two reasons. On one hand, the bulky group, now present at the extremity of this small side chain, introduces steric restrictions to ring movement. On the other hand, the nonsubtituted groups retain the ability of forming hydrogen bonds amongst themselves when the ring is rotated, with the O6 position turned to the inside of the cavity. This ability is at least partially lost by the substitution creating an energetically inequality upon rotation between substituted and nonsubstituted groups. The ability of some rings to rotate with respect to the  $\beta$ CD plane, distorting considerably the geometry of the molecule, was previously reported (15).



**Fig. 8.** Radial distribution functions for the O6 atoms around the center of mass of the group formed by all O1 atoms before (*full line*) and after (*dashed line*) ring distortion for the O6 in  $\beta$ CD (a), and the O6 of M $\beta$ CD without (b) and with substituents groups (c).



**Fig. 9.** Snapshots of the observed conformations of  $\beta$ CD in water (symmetric (a), distorted (b) and "collapsed" (c)). Hydrogen atoms in *white*, carbon atoms in *lighter grey* and oxygen atoms in *darker grey*.

This conformational change, where primary hydroxyl groups rotate to the interior of the cavity (Fig. 9), corresponds to a substantial reduction of the area of contact with solvent water molecules originally in the interior of the cavity being expelled. The water release is clearly demonstrated in the radial distribution functions (RDFs) of Fig. 10. In this figure, the maximum present in the RDF corresponding to the water molecules in the interior of the cavity of the symmetrical conformation (with r < 4 Å, approximately) completely disappears in the RDF obtained for conformation



**Fig. 10.** Radial distribution functions of water around the center of mass of the group formed by all O1 atoms for the systems where OME is included inside  $\beta$ CD (*solid line*),  $\beta$ CD in the symmetric form (*dashed line*) and  $\beta$ CD in the distorted conformation (*dotted line*).

tions where the ring adopted a distorted conformation. Note that the probability of the different functions at intermediate distances range (0.4 nm < r < 1.0 nm) is of difficult analysis since it is affected by the lack of spherical symmetry around the reference point. In the distorted conformation, it is visible a decrease in the probability given by the first maximum corresponding to the disruption of the free water structure in the proximity of the cyclodextrin.

Cyclodextrin may also achieve other less frequent conformations in which the water molecules in the cavity are expelled by a "collapse" of the cyclodextrin ring (Fig. 9c), a situation already known to occur in  $\alpha$ -cyclodextrin molecules in aqueous solutions (45) but to our knowledge not yet observed for  $\beta$ CD.

The heat of formation,  $\Delta H_{\rm f}$ , for the initial and distorted conformations obtained from GAMESS at the semi-empirical pm3 level in gas phase are presented in Table IV. These values indicate that the most stable conformation in gas phase for both cyclodextrins is the one where the cavity is accessible to the solvent. We may attribute the changes from the most symmetrical to distorted conformations to solvent interaction effects. The collapsed conformations were not found for the M $\beta$ CD during the simulation run.

The change in conformation leads to the occupation of the cavity where the OME would enter forming the complex by the primary hydroxyl groups and thereby may influence the complex formation constant. However, it has not been possible to determine definitely the relative probability of

**Table IV.** Heat of Formation,  $\Delta H_{\rm fr}$ , of the Optimized Gas Phase Structures of Initial and Final Conformations of  $\beta$ CD and M $\beta$ CD in Aqueous Solution (in kcal mol<sup>-1</sup>)

	Initial conformation	Distorted conformation	"Collapsed" conformation
βCD	-1449.86	-1441.15	-1429.7
MβCD	-1432.71	-1419.01	



**Fig. 11.** Radial distribution functions for the O2 around the center of mass of the group formed by the O1 atoms of cyclodextrins for the initial (*solid* and *dashed lines* for  $\beta$ CD and M $\beta$ CD, respectively ) and distorted type conformations (*dotted* and *dash-dotted lines* for  $\beta$ CD and M $\beta$ cd, respectively).

occurrence of each conformation by Molecular Dynamics simulation nor if the cavity is reformed concomitant with inclusion.

The presence of substituents in the narrow entrance of cyclodextrin has also some influence on the dimensions of the wider entrance. In Fig. 11 are represented the RDF for the atoms O2 of BCD and MBCD for the initial and distorted conformations. No significant difference is observed in the more symmetric conformations, with both RDFs presenting a single maximum at  $r \approx 0.7$  nm. This obviously reflects the radial symmetry of the molecule. At the same time this maximum provides an estimate of the diameter of the wider entrance of approximately 1.4 nm. In the distorted conformation the higher maximum for  $\beta$ CD is shifted to smaller r values and two other "shoulders" appear. The increased number of maxima and the shift in the position of the higher maxima indicate a considerable distortion of the ring. It becomes more elongated with reduction on the diameter of the wider entrance. The differences between the symmetrical and distorted conformations are even more pronounced in the case of M $\beta$ CD. It is interesting to note that when comparing the results for the distorted  $\beta$ CD and M $\beta$ CD, the maxima and the "shoulders" appear at similar distances from the center of mass considered, but in the latter two additional maxima appear. These may be directly related to the presence of methyl groups in the opposite side of the ring. The entrance to the cavity in this case is even more stretched, apparently, with a diameter in one direction of  $r \approx 1.7$  and in another direction of  $r \approx 0.9$  nm.

#### Inclusion Complexes

Figure 12 shows the distribution of distances between the center of mass of the benzene ring, the center of mass of the group formed by atoms e and f and the center of mass of the OME imide part to the center of mass of the group formed by all O1 atoms of the cyclodextrins. For the  $\beta$ CD case, we can see that there is a sequential increase in the distance at which the maximum of the distributions appear. From the first to the second maximum as well as from the second to the third, the maxima are separated by approximately 1 Å, which is about the distance of the points considered in the structure of the molecule. In Fig. 12b we have a slightly different situation. The second and third distributions present a shift to smaller distances while the first shows a shift to larger distances. Also, in this case, the maxima of the first and second curves are essentially positioned at the same distance from the center of mass of the group formed by the O1 atoms of the cyclodextrin. The distance between the two maxima is smaller than the distance between the two corresponding points in the OME molecule. An interpretation of these results leads to the conclusion that OME penetrates more deeply into the M $\beta$ CD cavity than into  $\beta$ CD. In the OME:βCD complex the center of mass of the group formed by the O1 of the cyclodextrin is situated between position band a while in the M $\beta$ CD it is located between the center of mass of the benzene ring and the center of mass of the group formed by e and f. A more profound inclusion in M $\beta$ CD is in agreement with experimental results shown in previous sections (phase solubility studies and ROESY experiments).

The inclusion of OME into the cyclodextrins, with removal of the water molecules from the interior of the cavity (Fig. 10), influences the conformational freedom of the drug. Figure 13 shows the distribution for the values of the angle formed by the O (in methoxy 2), S and C (methyl 1) atoms when complexed to each cyclodextrin and when free in solution. It is clearly visible that the OME molecule displays



**Fig. 12.** Distance distribution from the center of mass of the benzene (*full line*), center of mass of the atoms *e* and *f* (*dashed line*) and center of mass of the imide part of OME (*dotted line*) to the center of mass of the group formed by the O1 of  $\beta$ CD (a) and M $\beta$ CD (b).



**Fig. 13.** Angle distribution for the angle formed by the O (methoxy 2), S and C (methyl1) atoms when OME is complexed with  $\beta$ CD (*full line*), with M $\beta$ CD (*dashed line*) and free in solution (*dotted line*).

a tendency to be more stretched when complexed with the M $\beta$ CD than when it is complexed with the  $\beta$ CD. In the latter case, the distribution presents a single maximum located well below 90° reflecting a preferential bent conformation, probably originated by solvent interaction effects. A certain degree of conformational freedom is still preserved in the

inclusion with M $\beta$ CD. In this case, the distribution still shows two maxima, as in the case where OME is free in solution, but the range of the experienced angles is more restrained and a considerable difference in probability between small and large angles is seen with higher probability for the latter. This indicates a small restraining action of M $\beta$ CD on the conformation of OME.

The nearest-neighbor distances from methoxy atoms to several reference atoms of the cyclodextrin for the inclusion complexes structures are presented on Fig. 14. The interaction behavior between the OME methoxy 2 group and the selected reference cyclodextrin atoms (O2, O3 and O6) is very similar in OME:βCD and OME:MβCD (Fig. 14b and d). The methoxy 2 group is, in both cases, situated closer to O6 atoms than to O2 or O3 due to the very deep inclusion into the cavity. In the OME:MBCD case there is a small shift of the nearest-neighbor distances from O2 and O3 to methoxy 2 to smaller distances (Fig. 14d). The corresponding distributions concerning methoxy 1 (Fig. 14a and c) present more visible differences between the two complexes. The distance distribution from methoxy 1 to O6 in OME: $\beta$ CD (Fig. 14a) presents a larger dispersion of values which can be related to an apparent larger mobility of the OME in the interior of the cavity and/or bending ability when compared to the OME:MβCD complex (Fig. 14c). The methoxy 1-O6 distance distribution for the OME:MBCD presents a shift of the



Fig. 14. Nearest-neighbor distance distribution of the positions methoxy 1 (*left*) and methoxy 2 (*right*) to the O2 (*full line*) O3 (*dashed line*) and O6 (*dotted line*) of the  $\beta$ CD (*top row*) and M $\beta$ CD (*bottom row*).



Fig. 15. Nearest-neighbor distance distribution of the positions methyl1 (*left*) and methyl2 (*right*) to the O2 (*full line*) O3 (*dashed line*) and O6 (*dotted line*) of the  $\beta$ CD (*top row*) and M $\beta$ CD (*bottom row*).

maximum to larger distances. In respect to the distances from methoxy 1 to the atoms in the cyclodextrin wider entrance (Fig. 14a), the methoxy 1 is closer to the O2, which is located in the interior of the cavity, than to the O3. This difference is not observed in the case of OME:M $\beta$ CD.

The maximum in the distance distribution of the closest reference atoms of the cyclodextrins to methoxy 1 and methoxy 2 are located at similar positions (Fig. 14a and b and Fig. 14c and d). However, this position corresponds to O2 in the methoxy 1 case while it corresponds to O6 in the methoxy 2 case. This explains the significant difference in  $\Delta\delta$  values for methoxy 2 upon methylation of the cyclodextrin. The  $\Delta\delta$  values of methoxy 1 remain unchanged, as mentioned on a previous section (see Table III) since chemical environment around methoxy 1 does not suffer significant changes with methylation. However the introduction of methyl groups on the O6 position disables the possibility of formation of the same number of hydrogen bonds as with  $\beta$ CD and thus leads to a more negative  $\Delta\delta$  of methoxy 2 upon methylation, and similar to the one observed for methoxy 1.

In the panels of Fig. 15 we present the nearest-neighbor distance distributions between the methyl groups (1 and 2) of OME and the oxygens in positions 2, 3 and 6 of both cyclodextrins. It is observed that when OME is included in CD (Fig. 15a and b), both methyl groups present similar

distance distributions to O2 and O3. In the case of methyl 2 two maxima appear for both distributions (Fig 15b). On the OME:M $\beta$ CD case (Fig. 15c and d) only one single maxima appears for each distribution. In the inclusion with M $\beta$ CD the closest cyclodextrin reference atom is always the O2, with the distribution of methyl 2 (Fig. 15d) having clearly a smaller dispersion. This is in agreement with the results obtained in the experimental part of this work, with both methyl groups being more closely located to the atoms situated inside the cavity of M $\beta$ CD. It is also observable that in all cases the distance distribution to O6 has its maximum for distances larger than the ones observed for O2 and O3.

## CONCLUSION

The complex formation in aqueous solution between OME and M $\beta$ CD was confirmed by phase solubility studies, <sup>1</sup>H NMR experiments and Molecular Dynamics. The stoichiometry of 1:1 of the complex was determined by phase solubility studies and confirmed by the continuous variation method (Job plot studies). According to the NMR results, supported by Molecular Dynamics, the complex is formed by the inclusion of the benzimidazole part of the OME into the cyclodextrin cavity. The complexes formed with M $\beta$ CD were observed to have a larger  $K_s$ , which may be

explained by two simultaneous effects. On one hand, ROESY experiments and Molecular Dynamics simulations indicate that OME is more deeply included in the M $\beta$ CD cavity. On the other hand simulations studies showed that methylation has an effect on the conformational behaviour of the cyclodextrins in aqueous solutions that may to some extent alter the probability of formation of the complex. The solubility of OME is increased by complexation with both cyclodextrins, but M $\beta$ CD was observed to be a more efficient agent by forming more stable 1:1 complexes with the drug.

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